



THE  
**SHIP INN**  
AT  
ELIE

**GLUTEN FREE MENU\*\***

**STARTERS**

<b>Soup</b>	Home-made each day, served with gluten free bread (v)	£4.50
<b>Cullen Skink</b>	Smoked haddock, cream, potatoes, leeks and celery with gluten free bread	£6.95
<b>Tomato</b>	Heirloom tomato salad, buffalo mozzarella, pinenuts, basil, pesto, aged balsamic (v)	£7.95
<b>Langoustine</b>	Shell-on Scottish langoustine tails, chilli, garlic, lemon, olive oil, gluten free bread	£8.75
<b>Mushrooms</b>	Roasted field mushrooms, rocket, parmesan, gluten free bread (v)	£6.50

**STARTER OR MAINS**

<b>Mussels</b>	White wine, garlic, shallots, cream, parsley, fries ( <i>Starter no fries</i> )	£6.50/13.50
<b>Laksa</b>	Local seafood, rice noodle, egg, coriander, coconut, ginger, mint, crispy shallots	£8.25/16.00
<b>Risotto</b>	Duck ragout, pea, mint and mushroom and mustard fruit	£9.75/16.50

**MAINS**

<b>Haddock</b>	Grilled local haddock, chips, crushed peas, tartare sauce	£9.50/13.50
<b>Cod</b>	East coast cod aux paupiette, preserved lemon, red peppers, zucchini, date and quinoa	£17.95
<b>Venison</b>	Elie estate loin of venison, celeriac purée, baby spinach, wild mushrooms, chocolate jus	£18.95
<b>Burger</b>	Ship Inn Fife beef burger on gluten free bread, chunky chips, tomato, lettuce, red onion, burger sauce	£12.75/10.50
	<i>Add cheese or bacon</i>	£1 each
<b>Chicken</b>	Ballotine of free range chicken, buttery mash, peas à la française, creamy chicken and cep jus	£18.50

**GRILL**

We only use Scottish meat sourced from Henderson butchery, which is dry aged on the bone for a minimum of 32 days. All our meats are served with roasted balsamic red onion, smoked mash potato, cherry tomato, rocket parmesan salad, mushroom **or** peppercorn sauce

<b>10oz Pork chop</b>		£18.50
<b>10oz Sirloin Steak</b>		£25.95
<b>8oz Fillet steak</b>		£31.50

**SIDES**

Chips – fries - mash potato- rocket and pear salad - mixed salad – stem broccoli and almonds	£2.95
Truffle and parmesan fries	£3.50

**PUDDING**

<b>Ice-cream</b>	Isle of Arran– <i>ask for today's selection</i>	£4.50
<b>Meringues</b>	Slow-baked meringues, bitter sweet chocolate	£6.50
<b>Cheese</b>	Selection of Scottish cheeses, quince paste, grapes, gluten free bread, honeycomb	£9.95

*All parties of 8 & more will be subject to a 10% gratuity charge*

*Food allergies and intolerances – please speak to a member of our team about your requirements*

***\*\*Dishes are cooked in a kitchen containing Gluten, and we can't guarantee 100% no cross contamination\*\****